

# **Presymptomatic Tests for AD: the Search for Mechanism**

**March 9, 2011**

**Barcelona, Spain**

**Mony de Leon**

Professor of Psychiatry  
NYU School of Medicine

# AD phenotype

$A\beta$  and Tau

Oxidative stress and inflammation

Cellular response

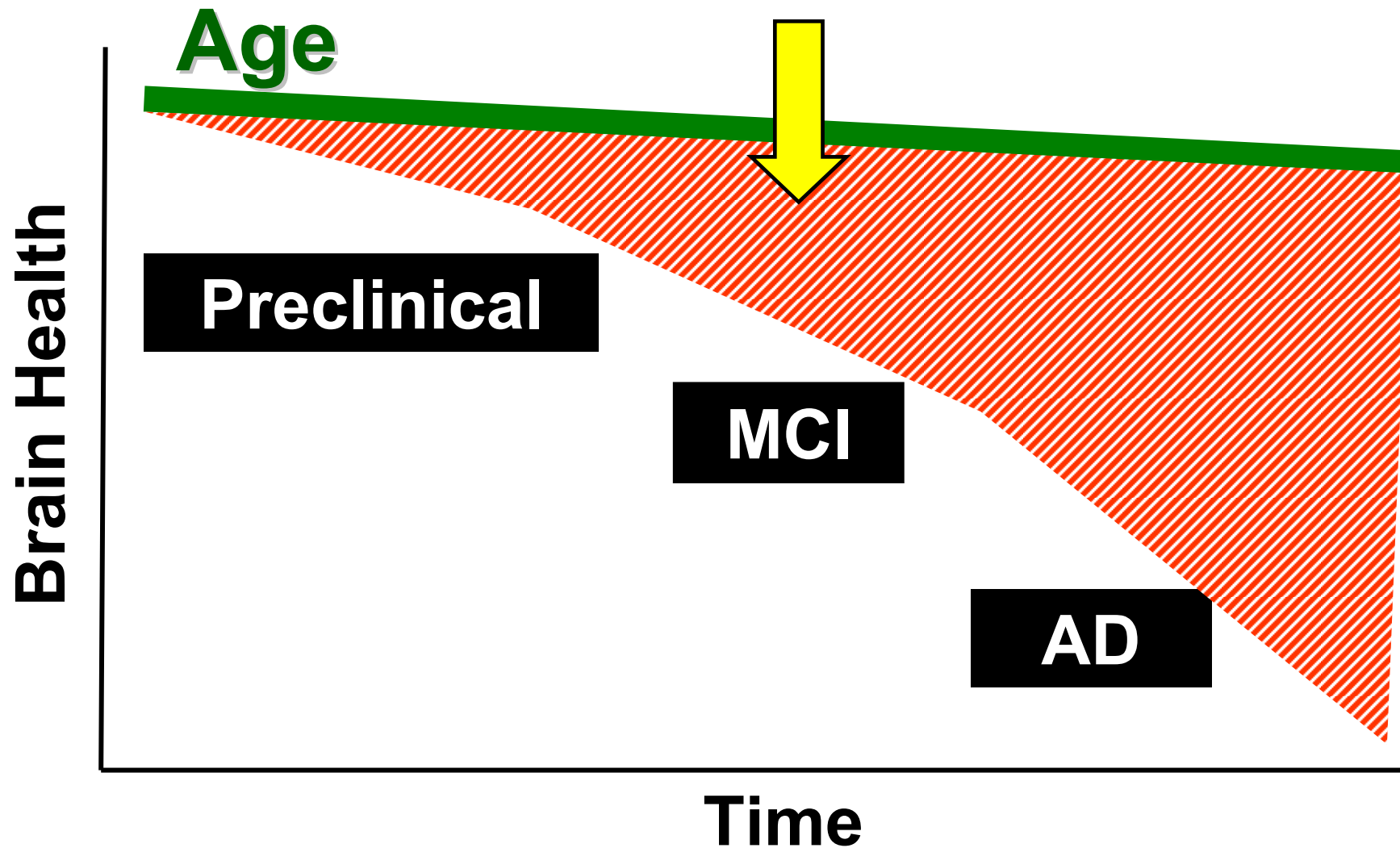
Primary etiology

Phenomena  
and  
Pathology  
Targets

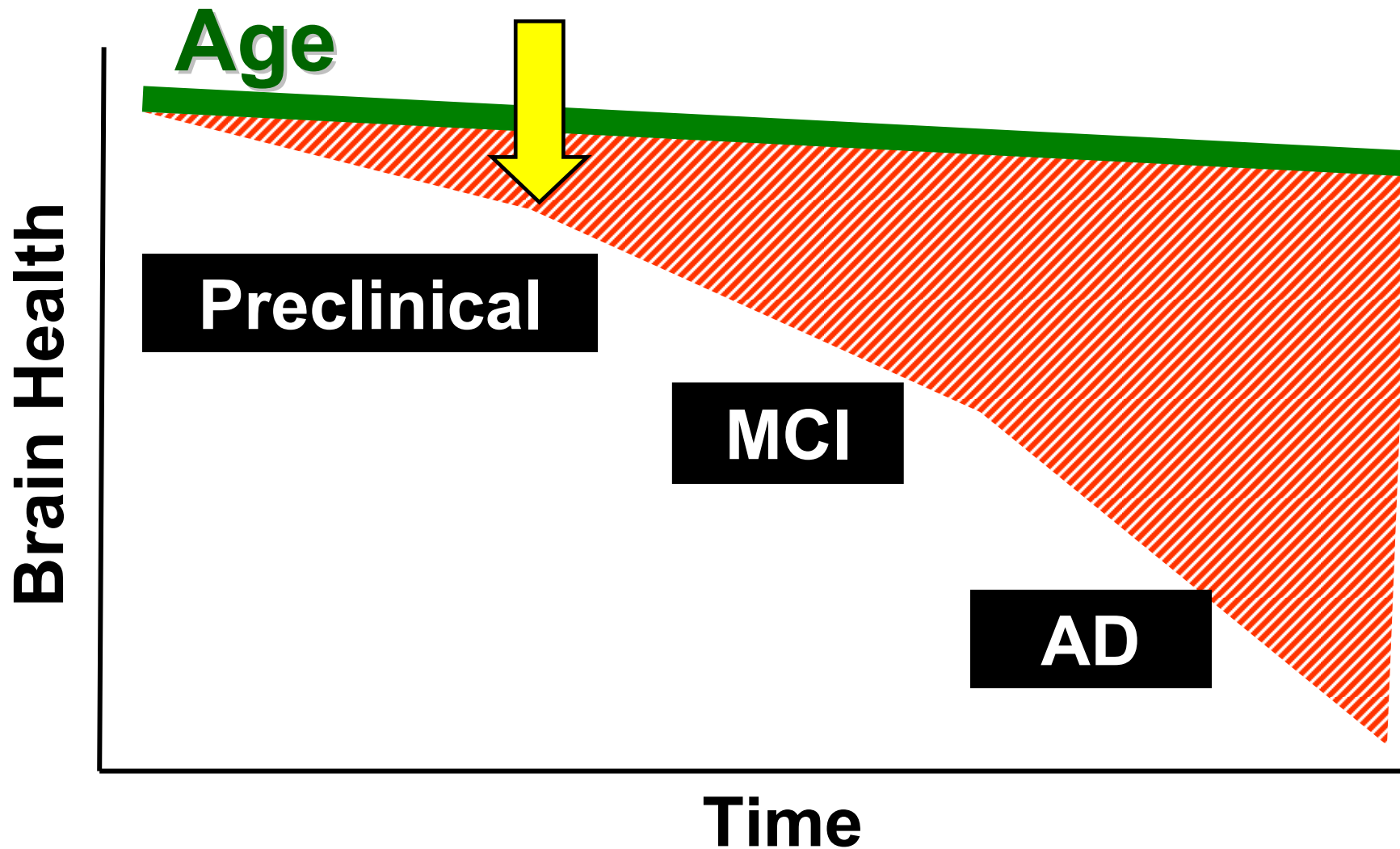
Mechanistic  
Targets

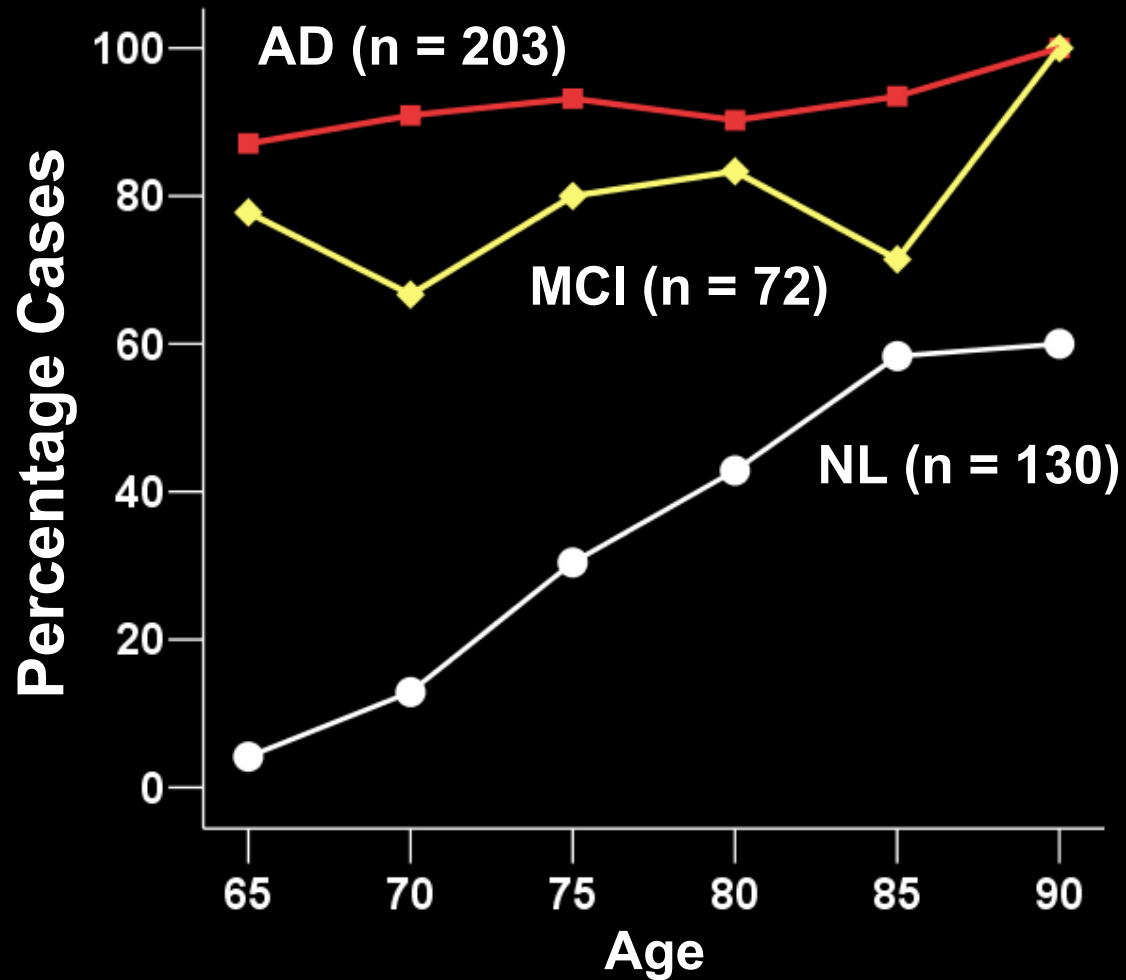
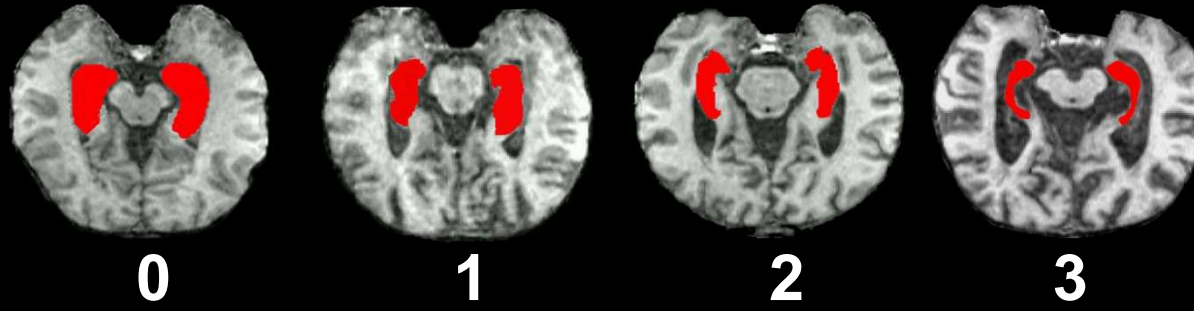


# Objective of Early Diagnosis



# Objective of Early Diagnosis





# Automated MRI Regional Boundary Shift

## 6-year prediction of Normal to MCI



Prediction of MCI

---

**Accuracy**

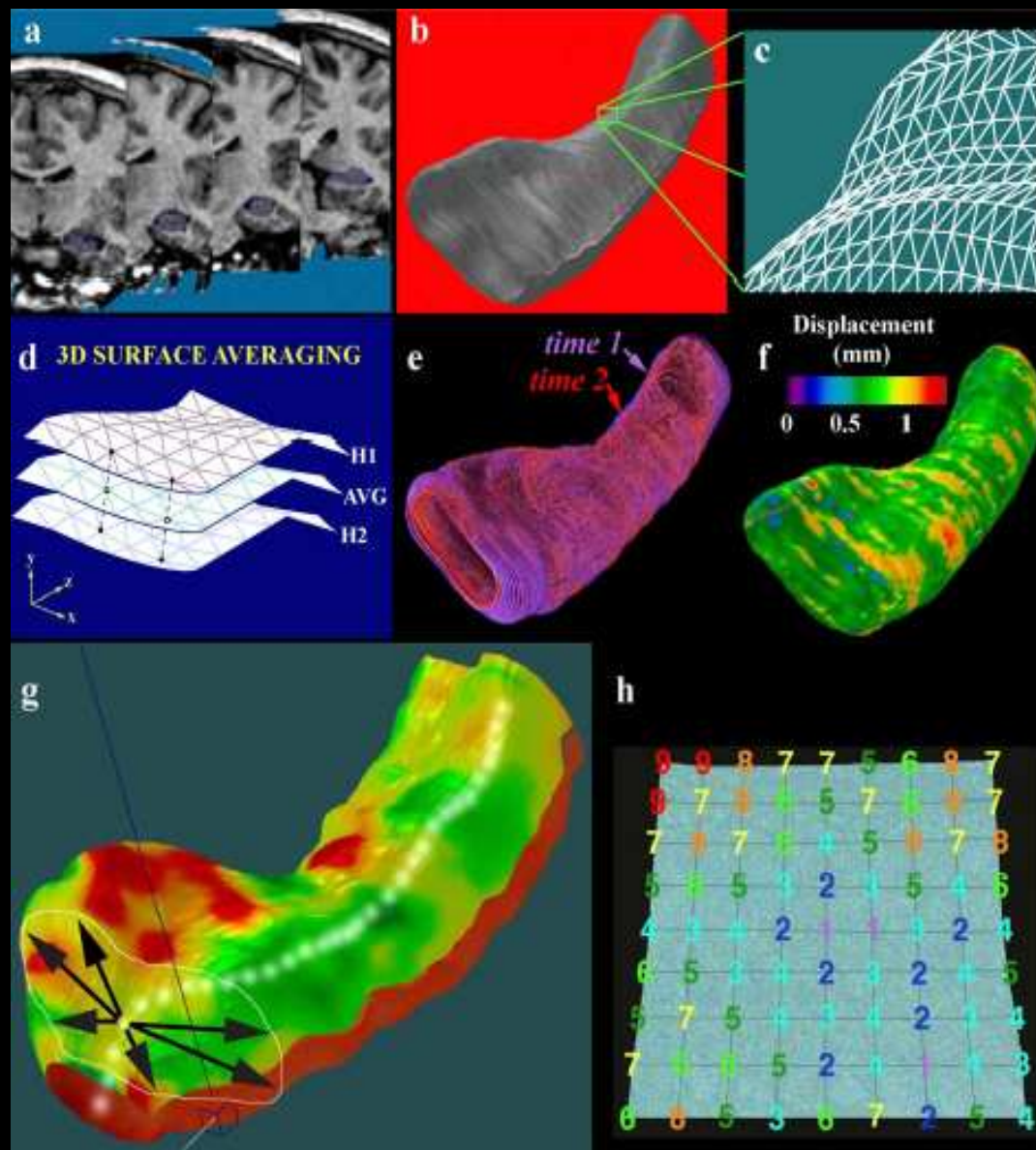
**89%**

SS/SP (n=13,32)

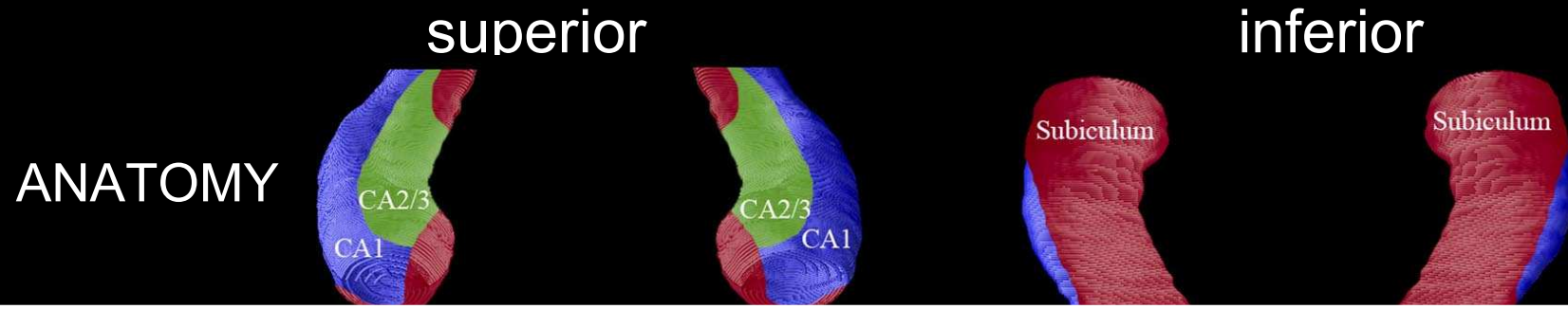
91/85%

---

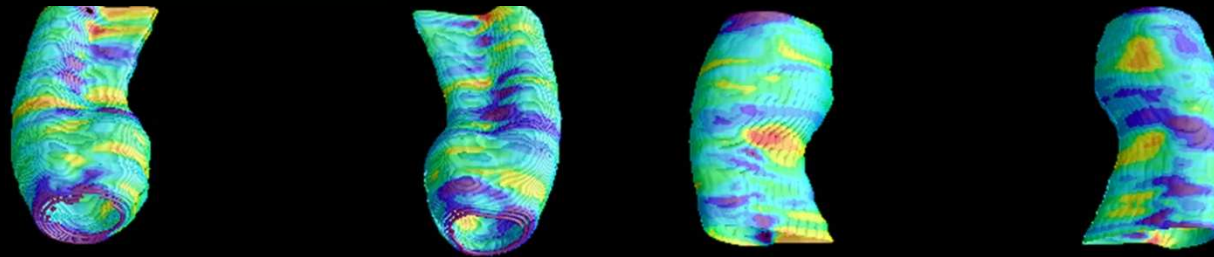
# MESH MODELING



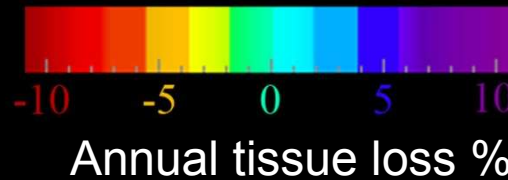
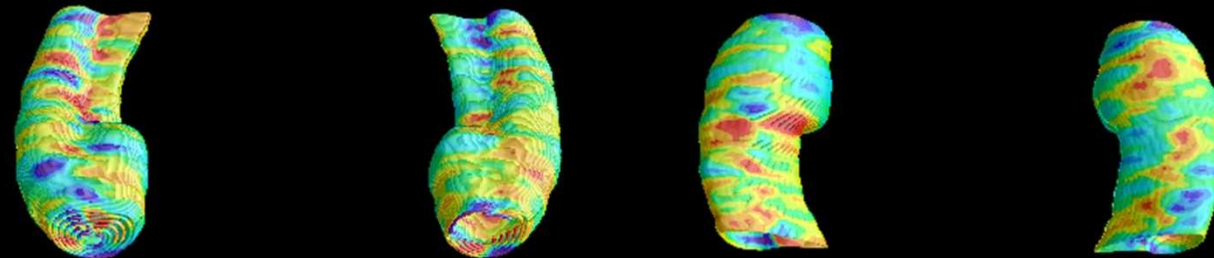
# 3-year MRI hippocampal atrophy rate



NL-NL  
n=10



NL-decline  
n=7



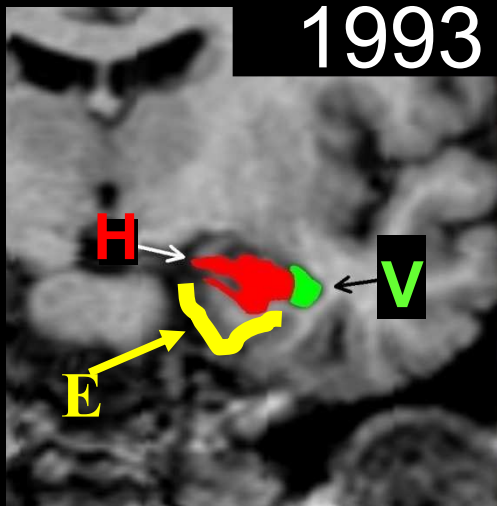


# Atrophy and Metabolism

10-Year decline from NL to AD

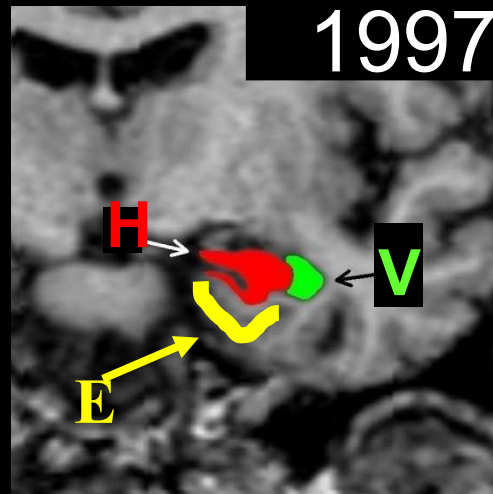
## NL

1993



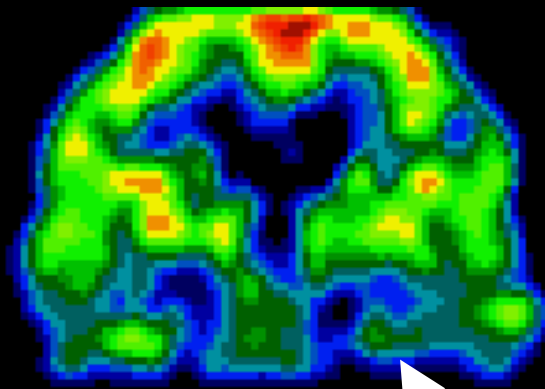
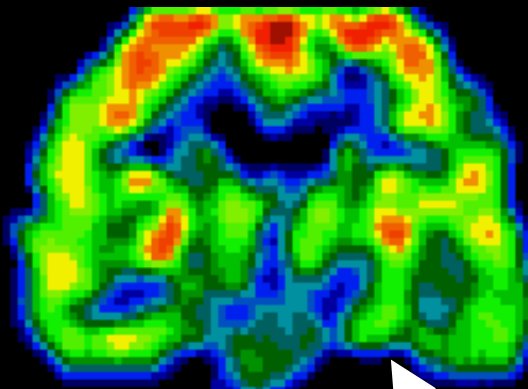
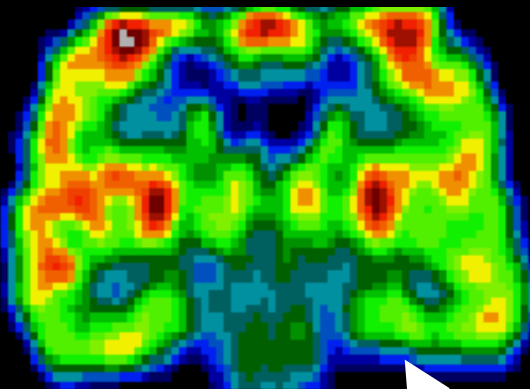
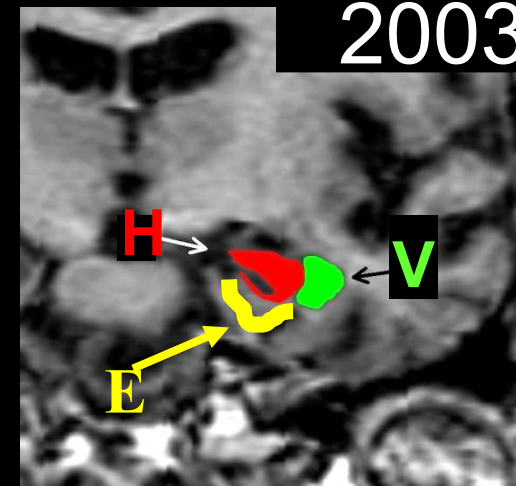
## MCI

1997



## AD

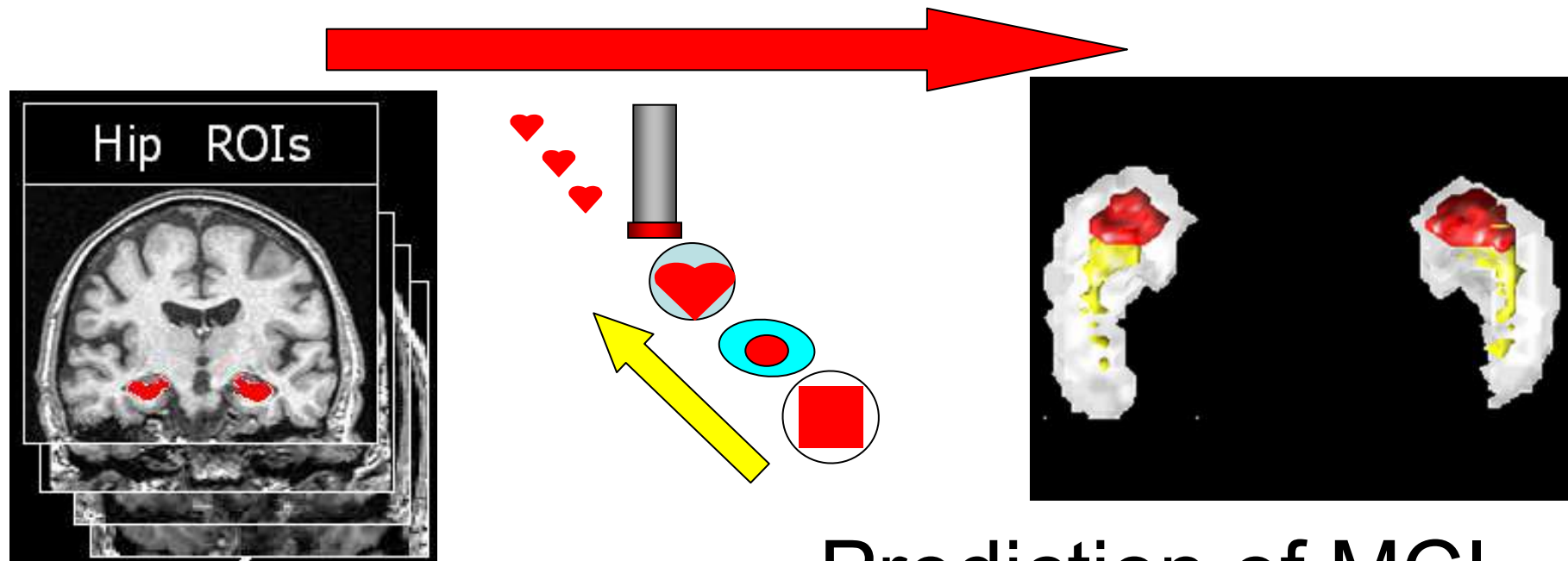
2003



de Leon et al PNAS 2001

# Automated Hippocampus Sampling

7-year advanced prediction of Normal to MCI and AD



Prediction of MCI

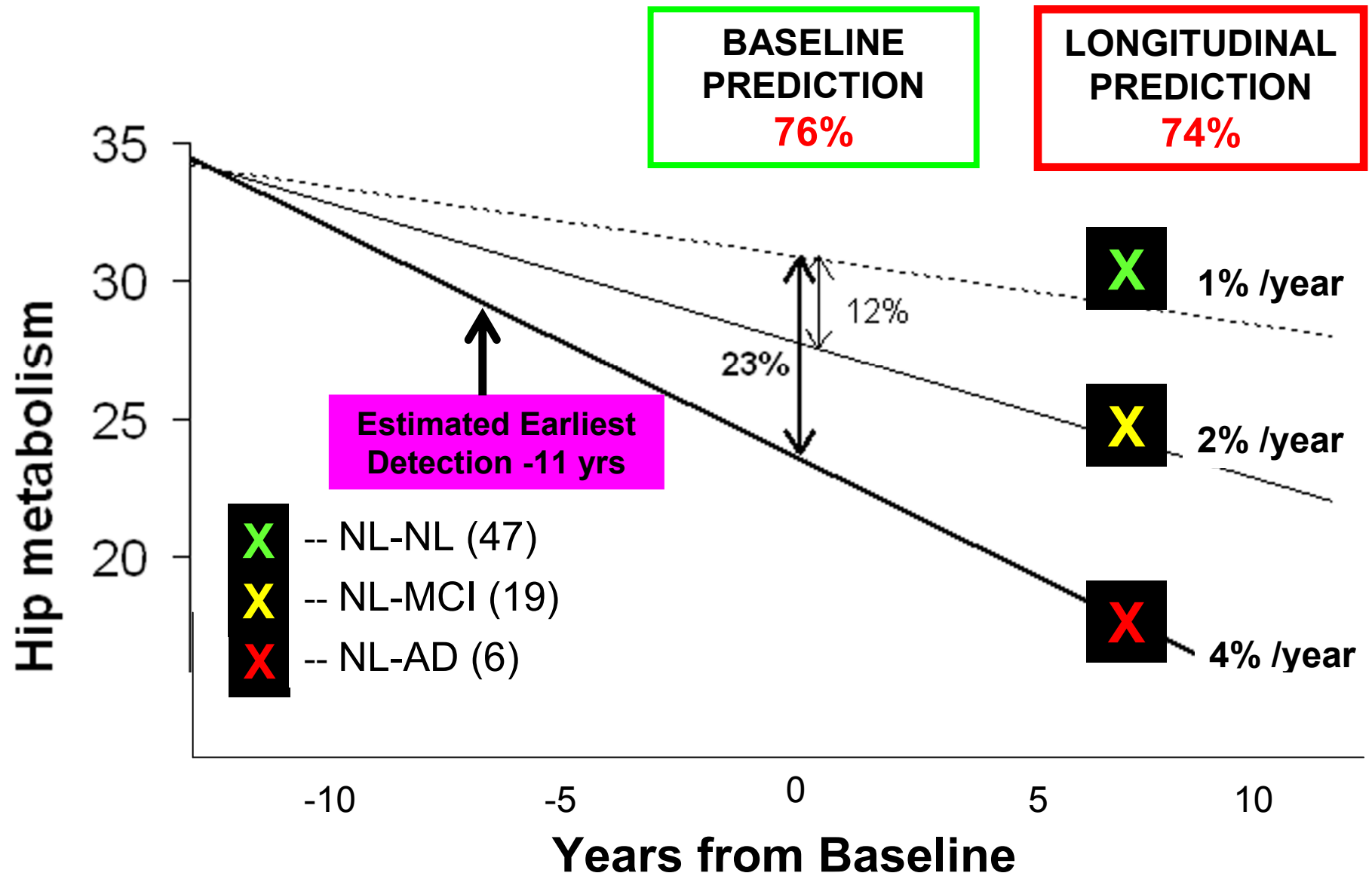
**Accuracy**

**76%**

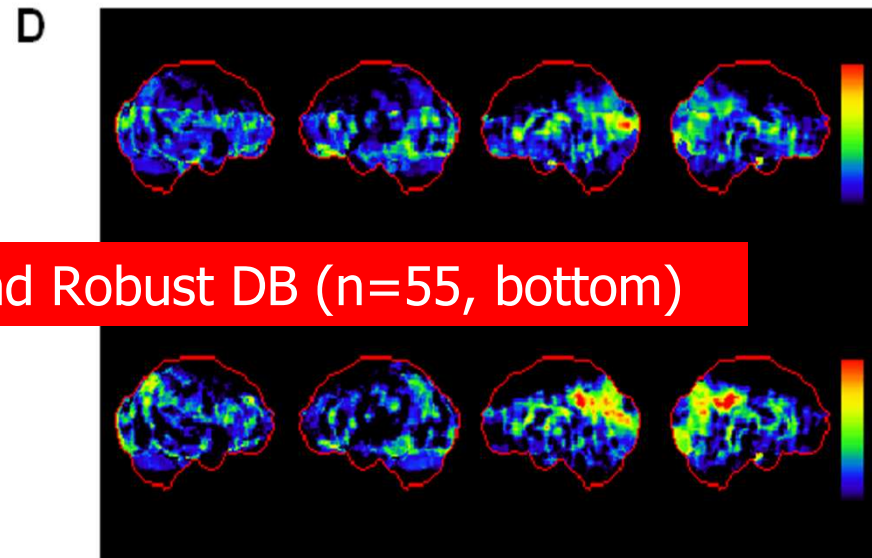
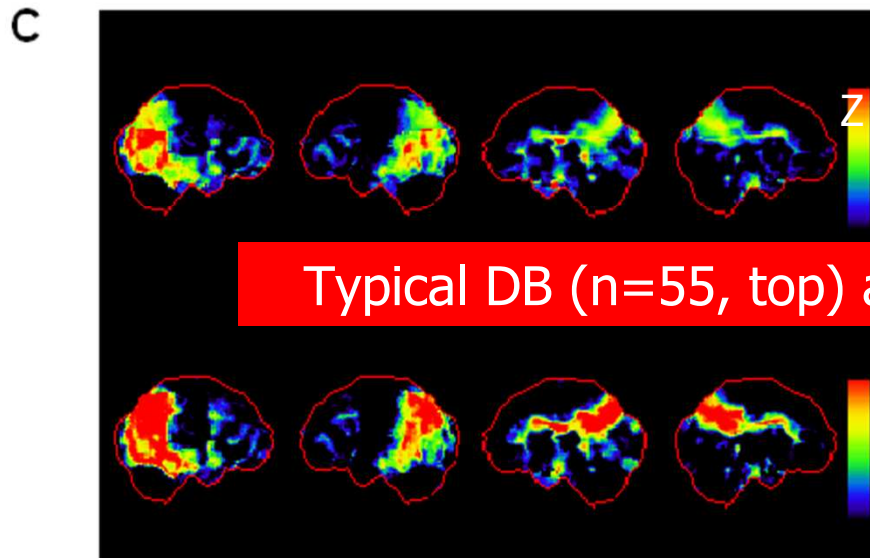
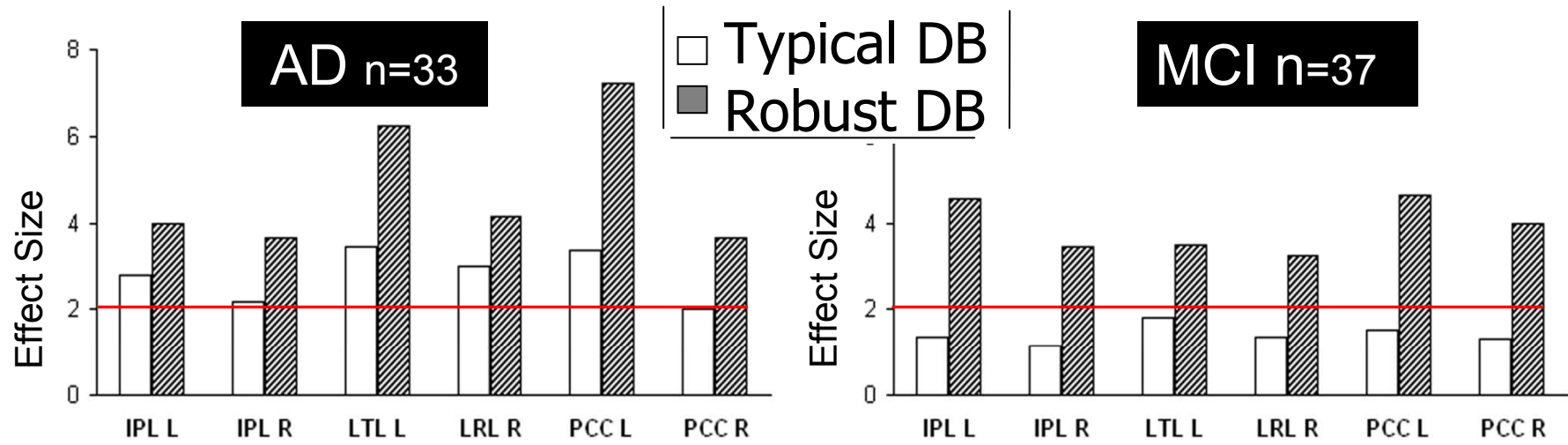
SS/SP (n=25,47)

82/79%

# FDG-PET for Prediction and Progression: NL Aging

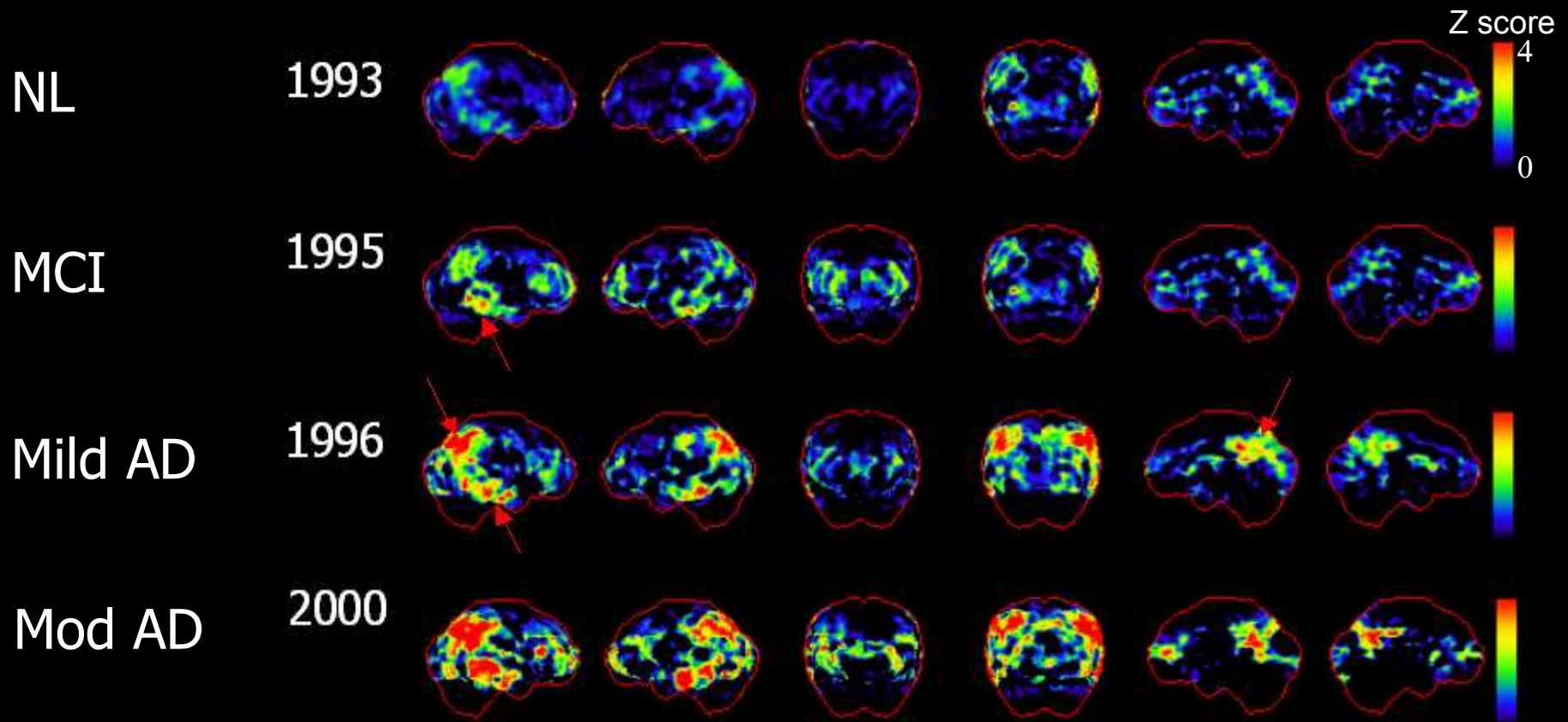


# Typical vs. Robust Normal Reference Databases



Mosconi, DeSanti, de Leon et al, J Nucl Med 2007

# NL-AD (1993-2003) Post-mortem validated AD

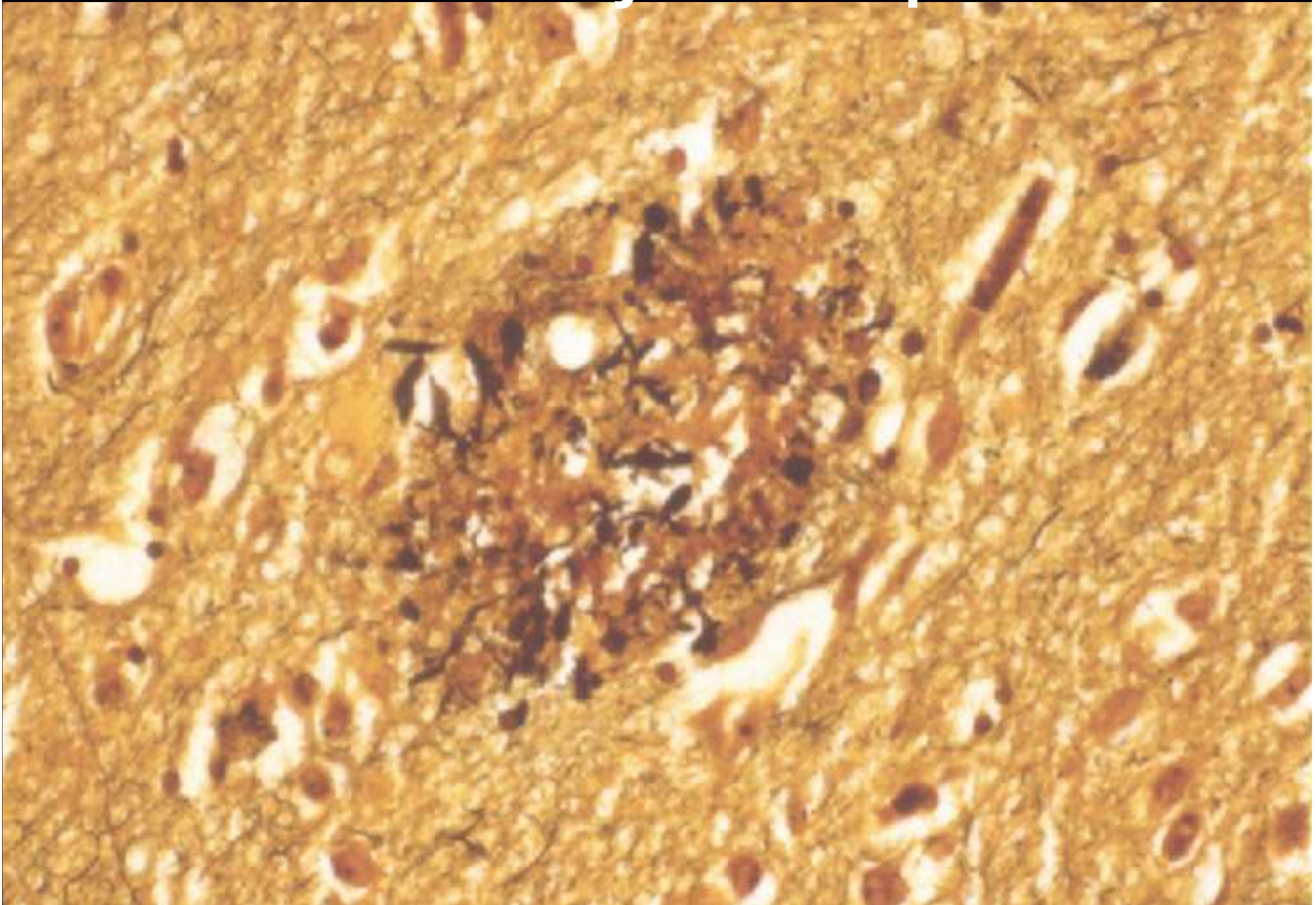


**Path: AD 2003 CERAD definite, Braak stage C-VI**

Mosconi, de Leon, et al Eur J Nuc Med 2009

**Best Paper of the Year European Journal of Nuclear Medicine 2009**

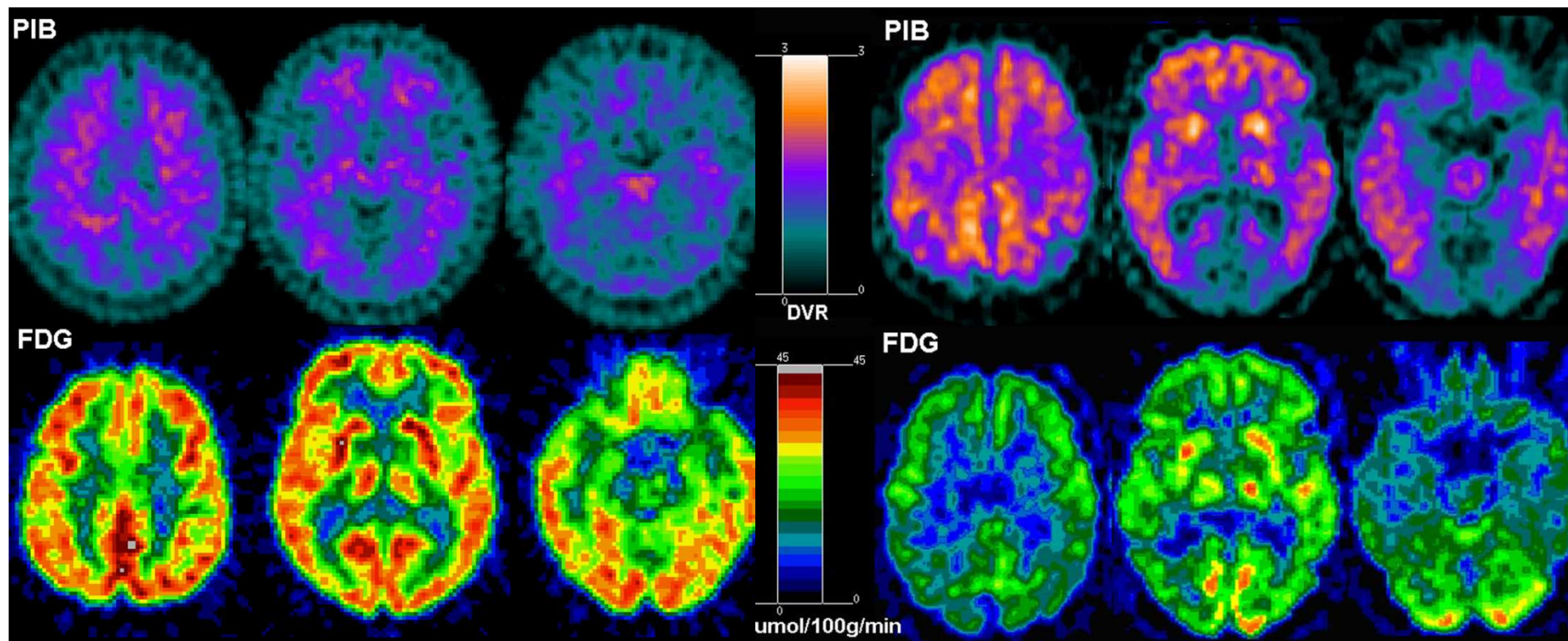
# Senile or Amyloid Plaque



# PIB and FDG

NL

AD



65 year old male

71 years old male

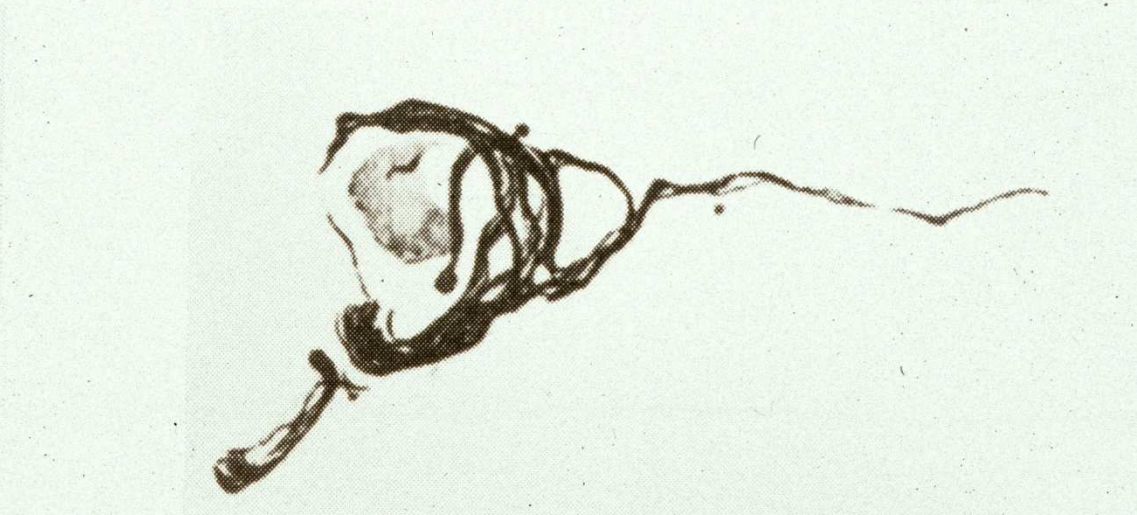
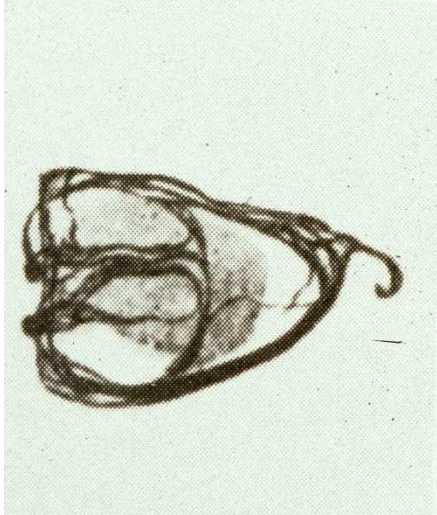
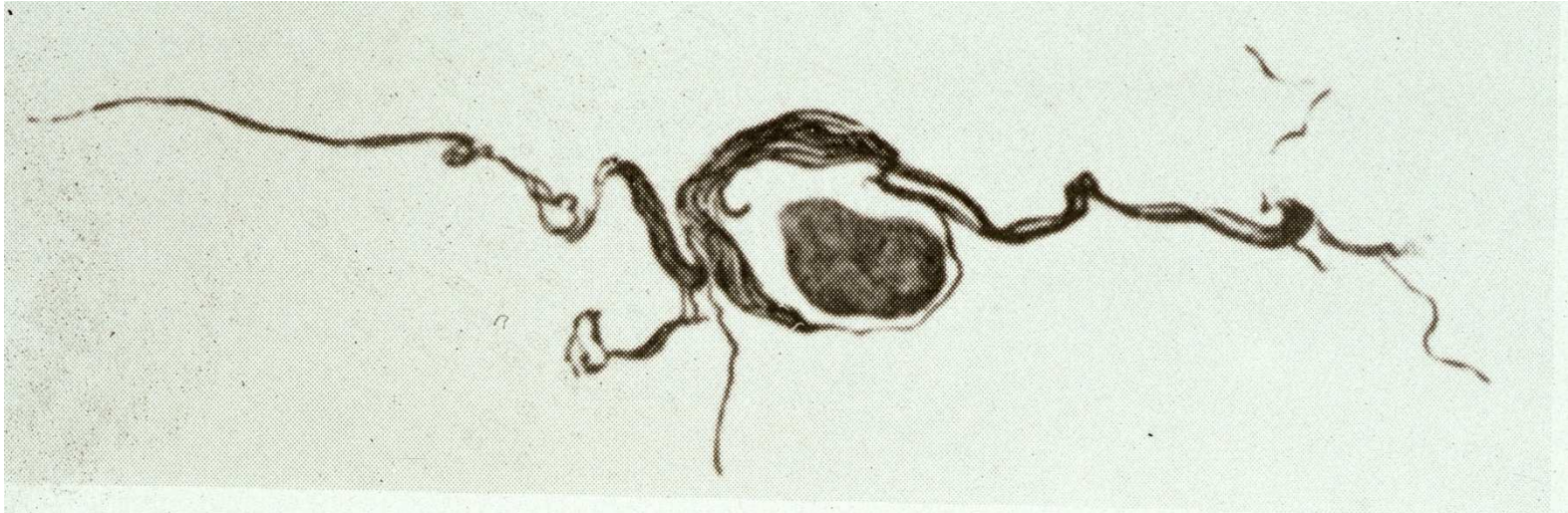
Best Paper of the Year European Journal of Nuclear Medicine 2008

Li , Rinne, de Leon Eur.J.Nuc.Med. 2009

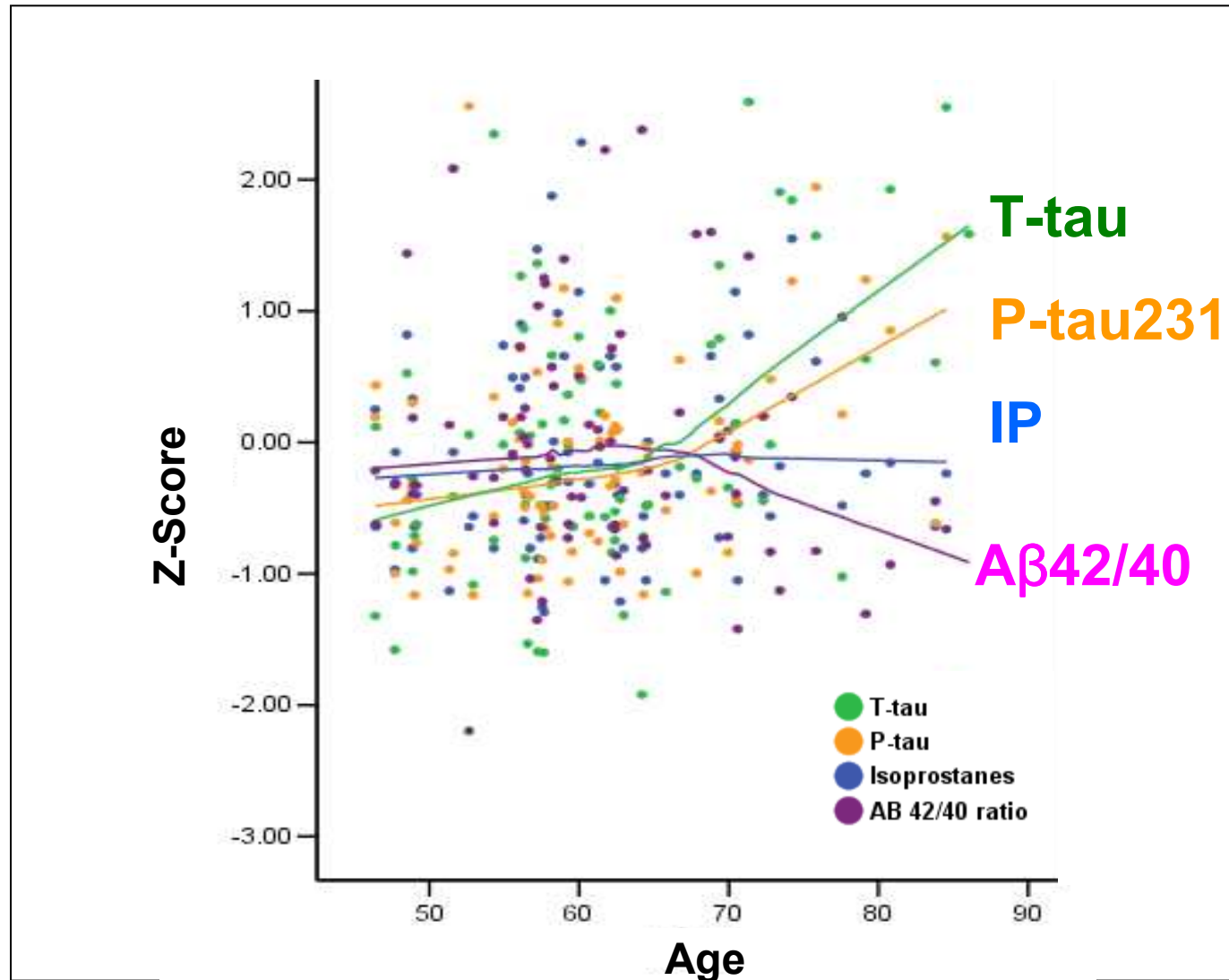
# Dx Accuracy for FDG and PIB

	<b>AD vs NL</b>	<b>MCI vs NL</b>
<b>FDG</b> Accuracy (%)	<b>92</b>	<b>85</b>
<b>PIB</b> Accuracy (%)	<b>96</b>	<b>75</b>
<b>%</b> <b>Agreement</b>	<b>94</b>	<b>54 ?</b>

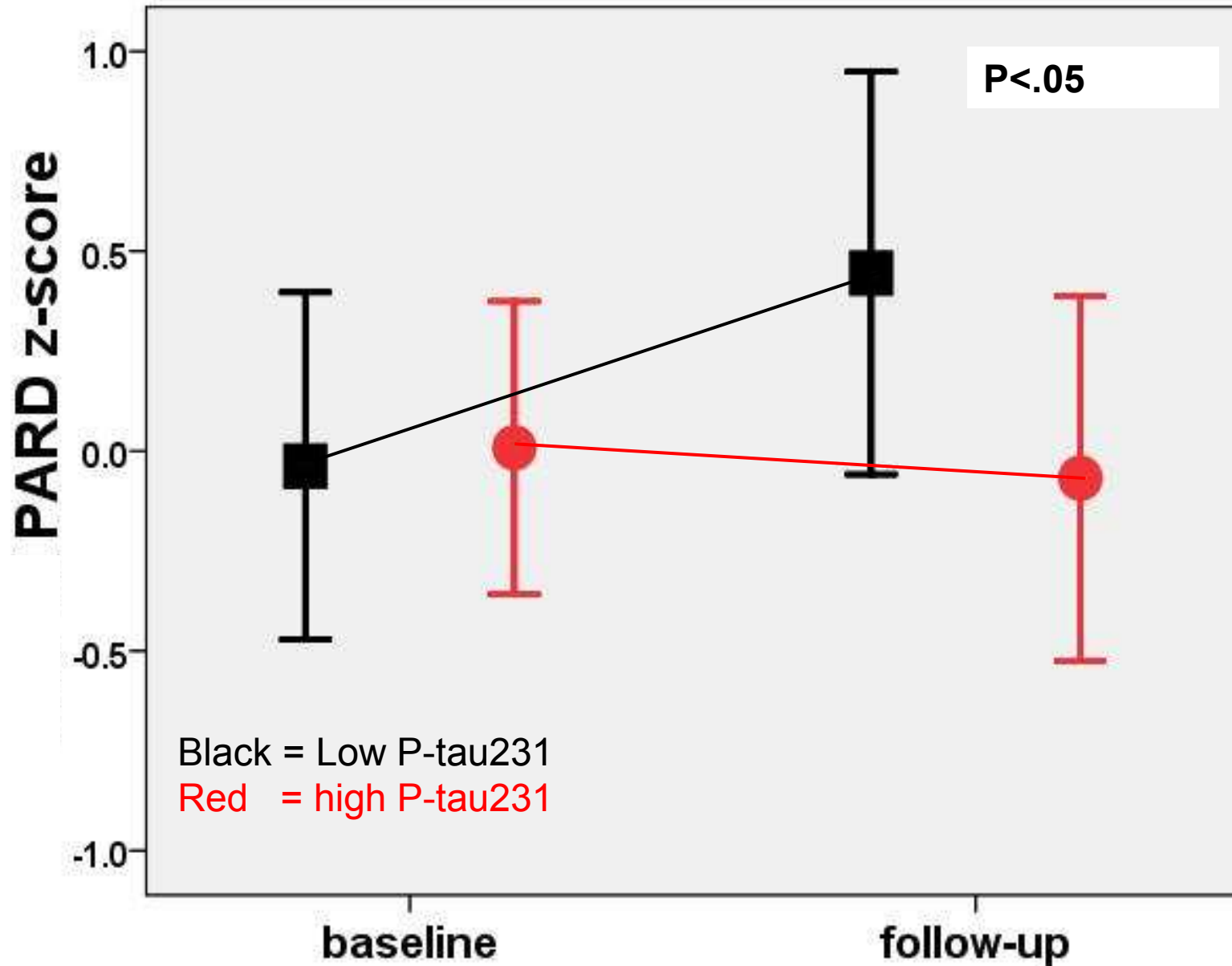




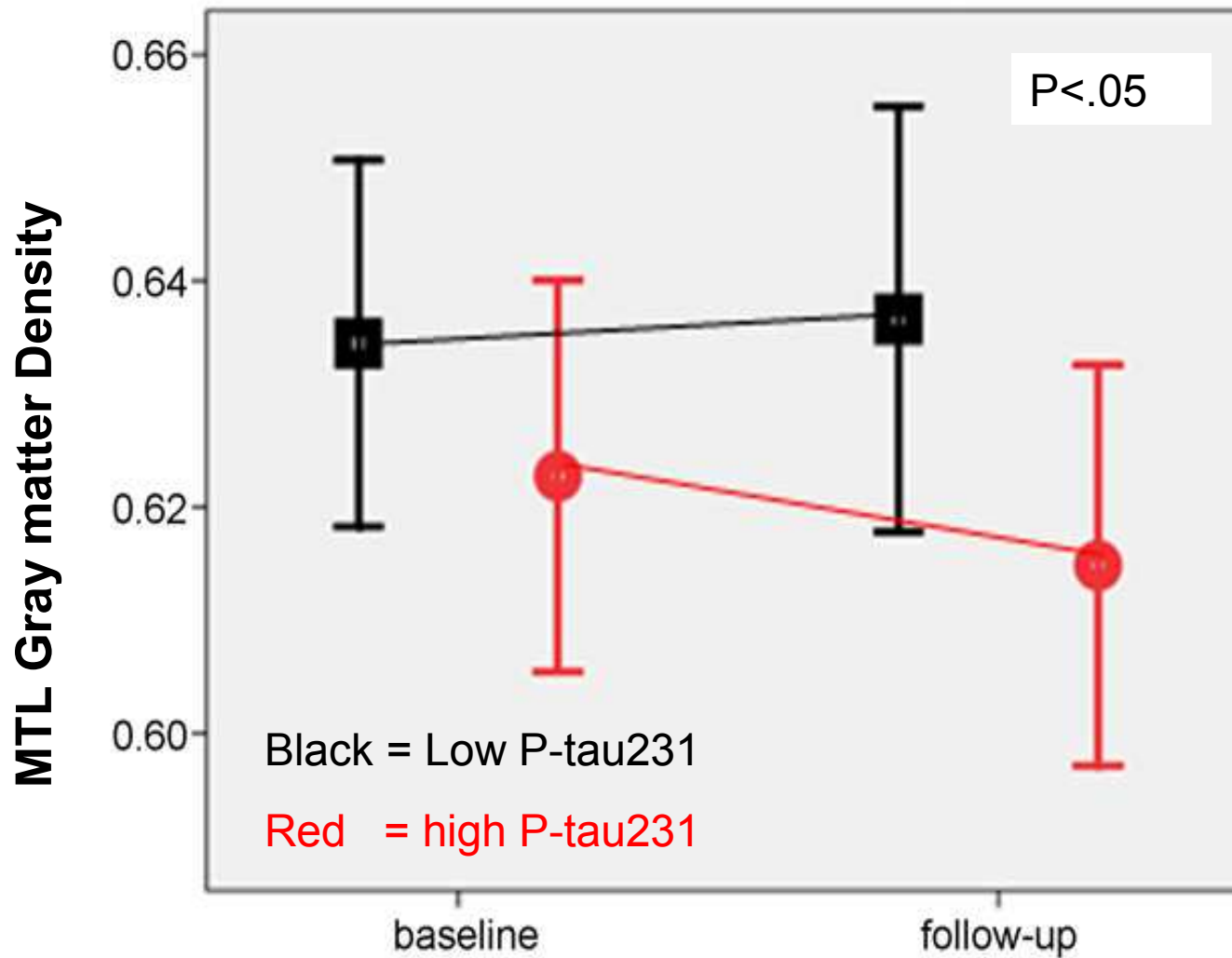
# CSF Analytes in Normal Aging n=78



# Longitudinal memory by high and low P-tau231 in 57 NL

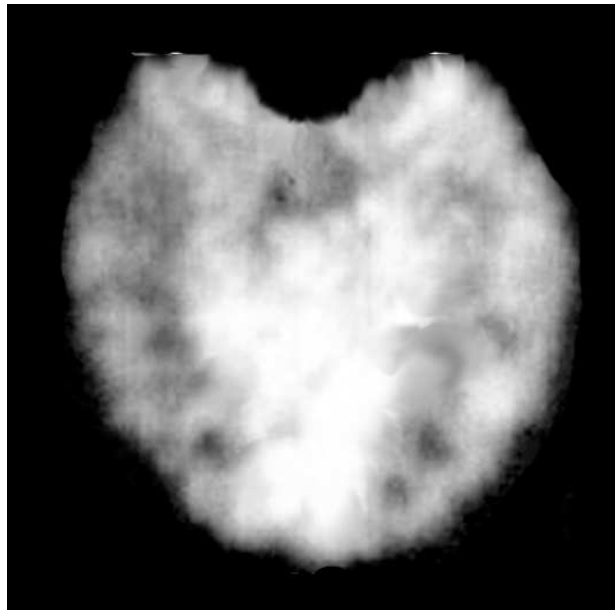


# Longitudinal MTL-GM by high and low P-tau231 in 57 NL

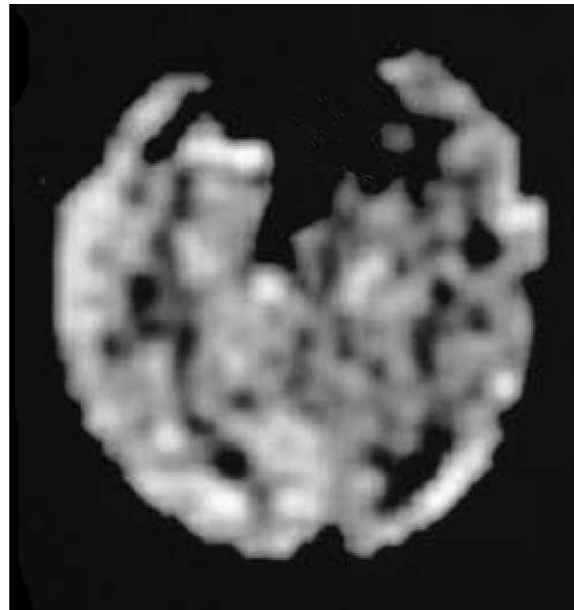


Glodzik, de Leon et al Neurobiol. Aging 2010

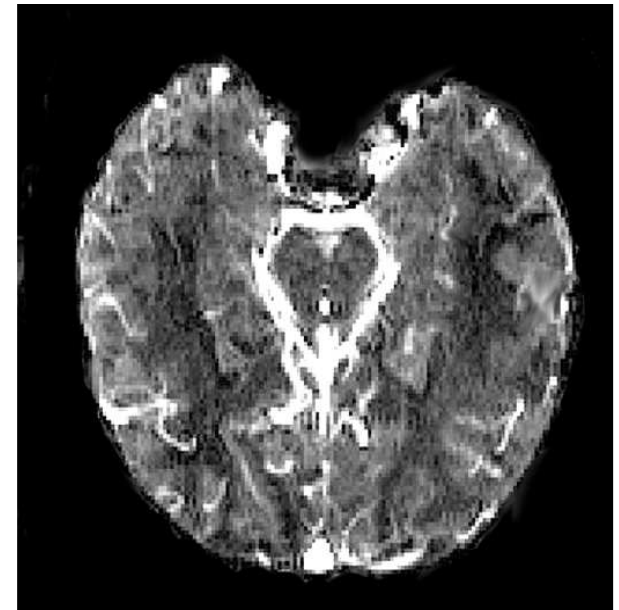
# **The Search for Mechanism**



$^{15}\text{H}_2\text{O}$ -PET

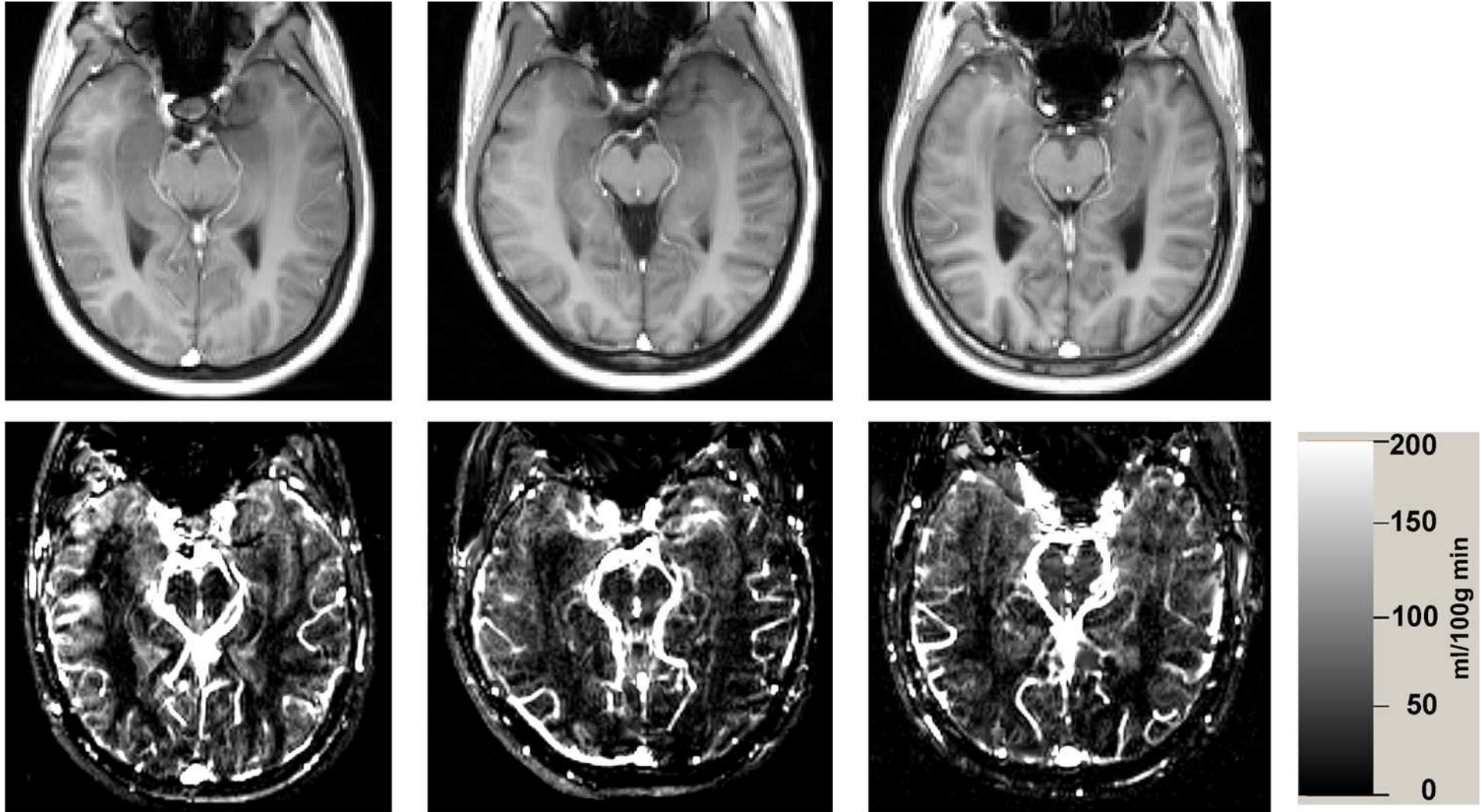


EPI-ASL



True-FISP-ASL

# MRI True-FISP Hippocampal Perfusion Imaging



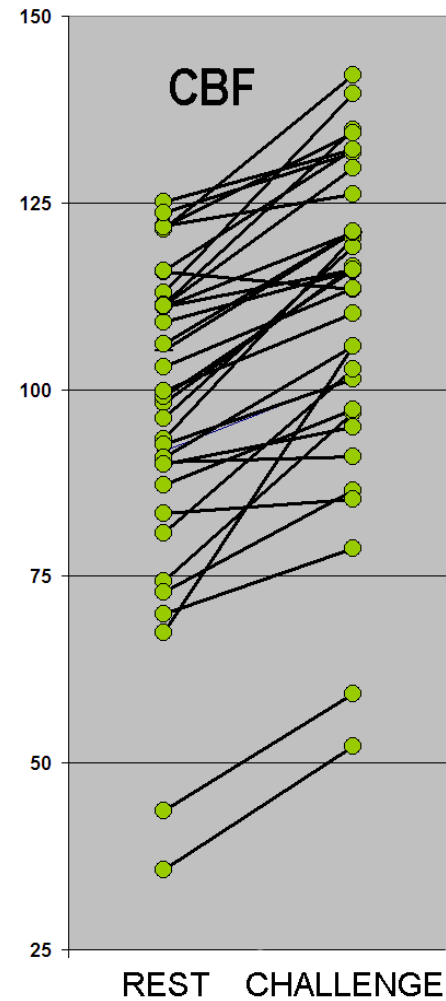
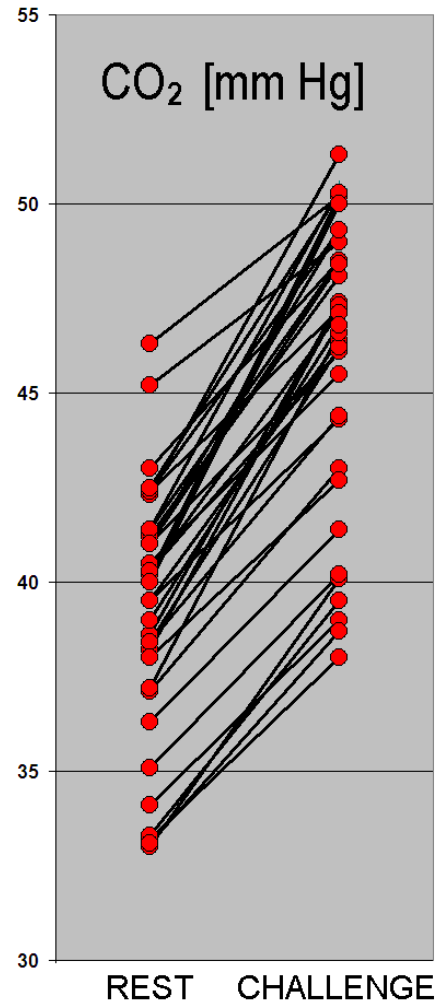
# MRI with rebreathing apparatus



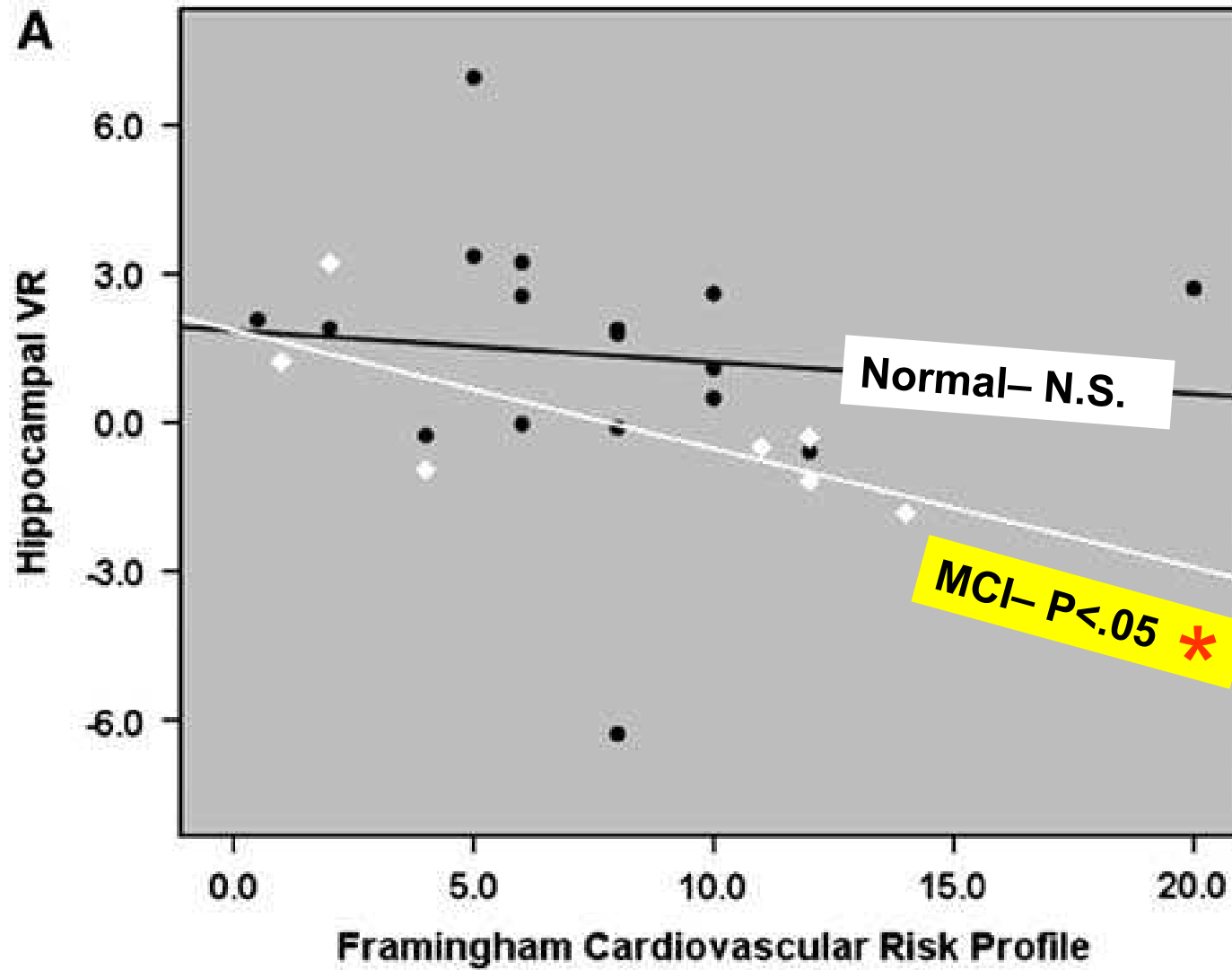


# Vasoreactivity to CO<sub>2</sub> challenge

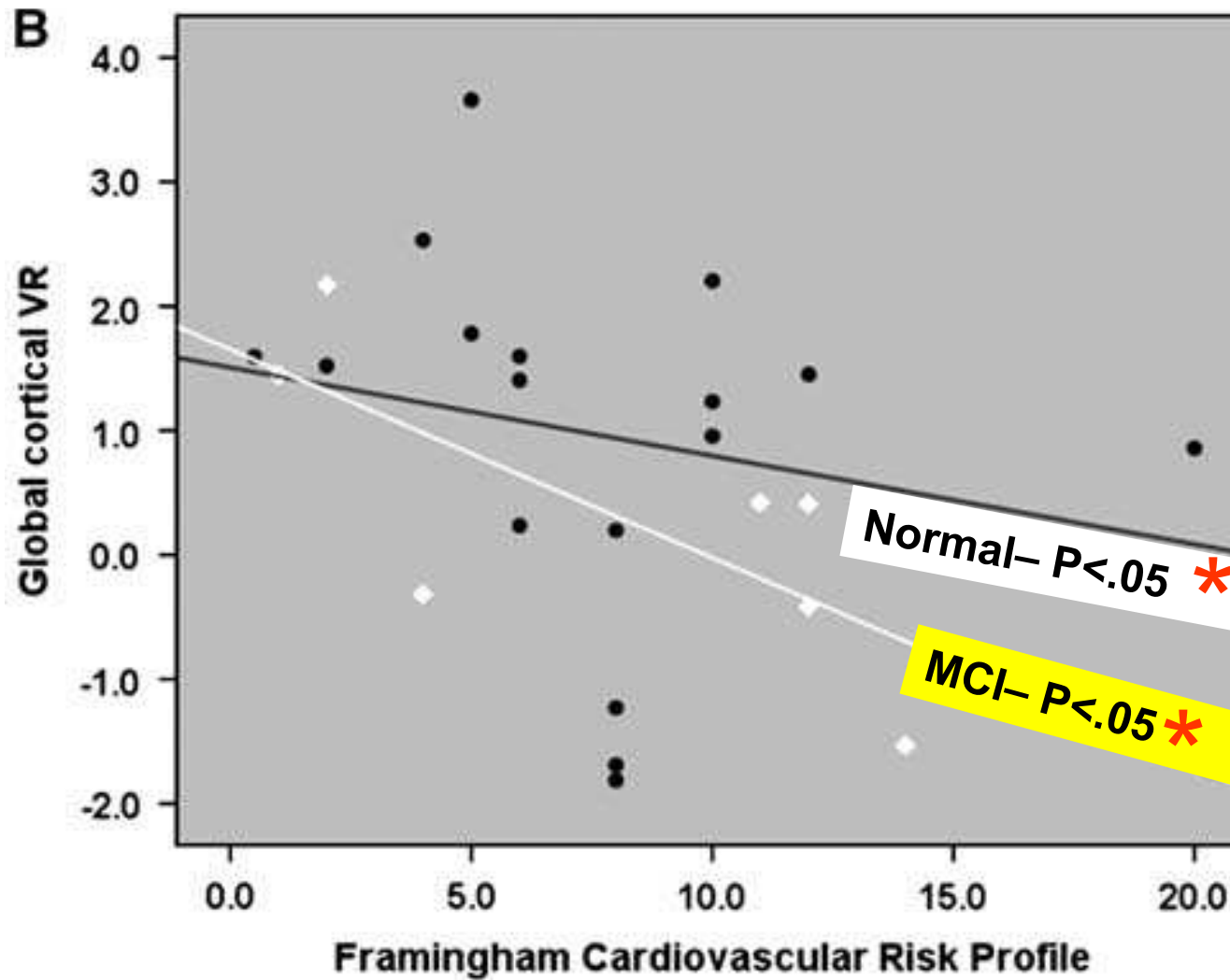
~2% CBF change/mmHg change in CO<sub>2</sub>

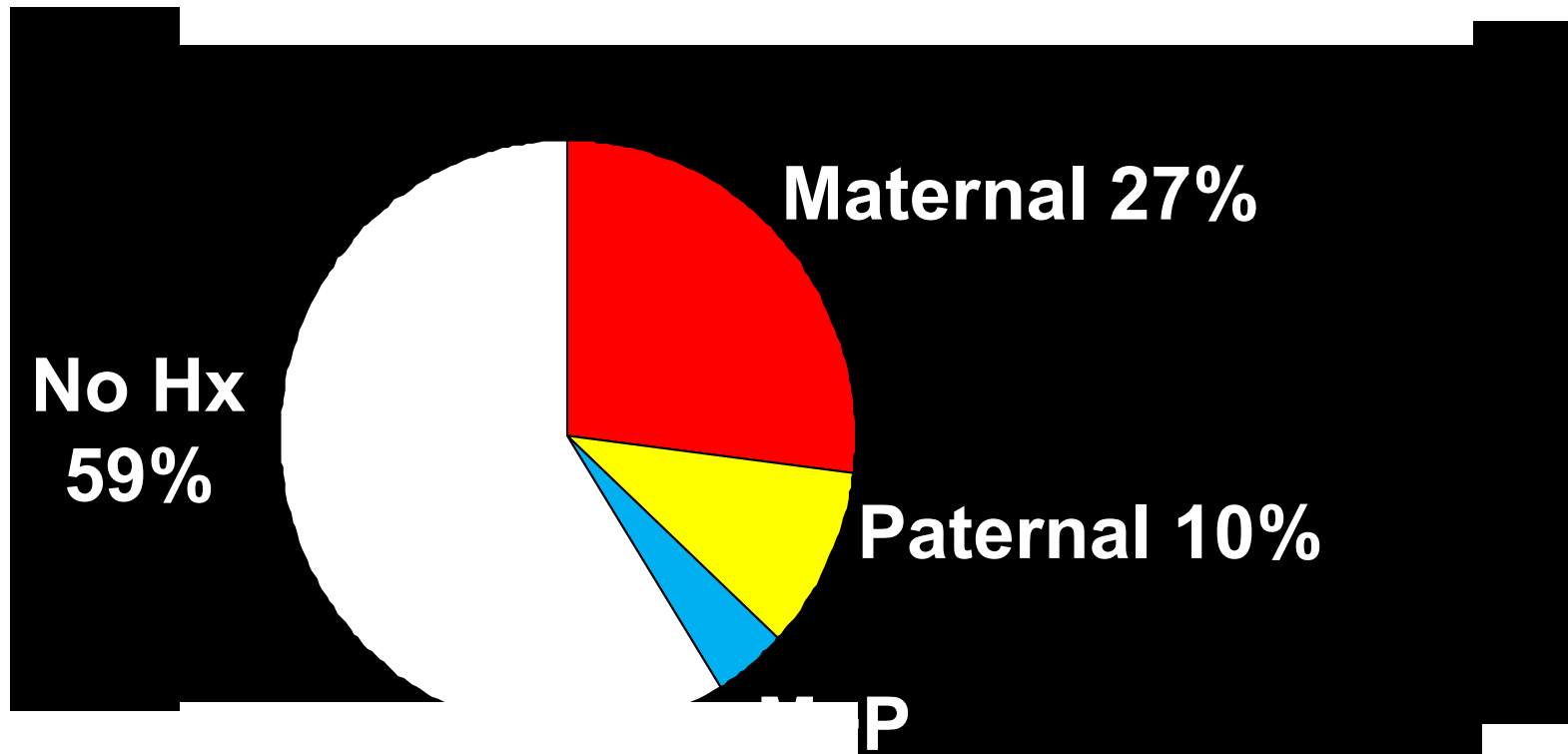


# Hippocampal Vasoreactivity and Cardiovascular Risk



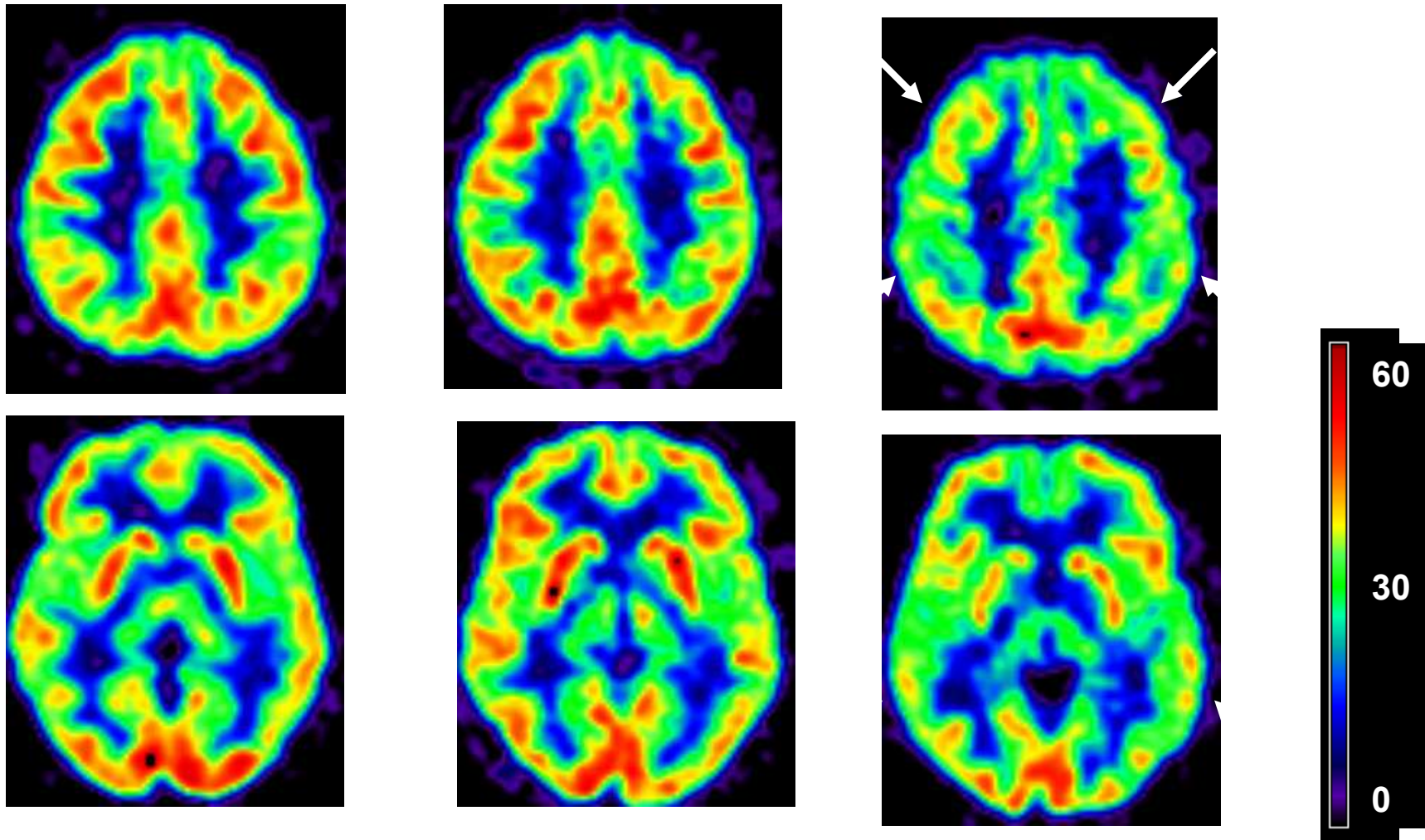
# Cortical Vasoreactivity and Cardiovascular Risk



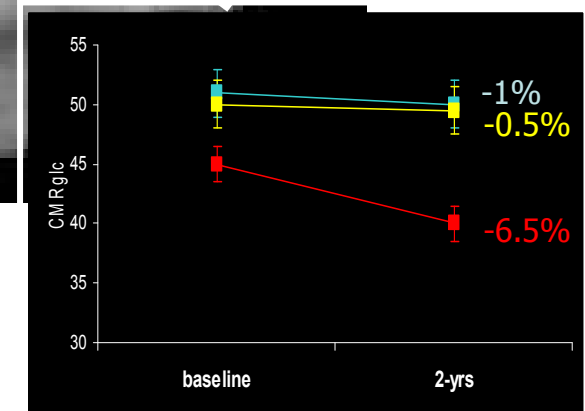
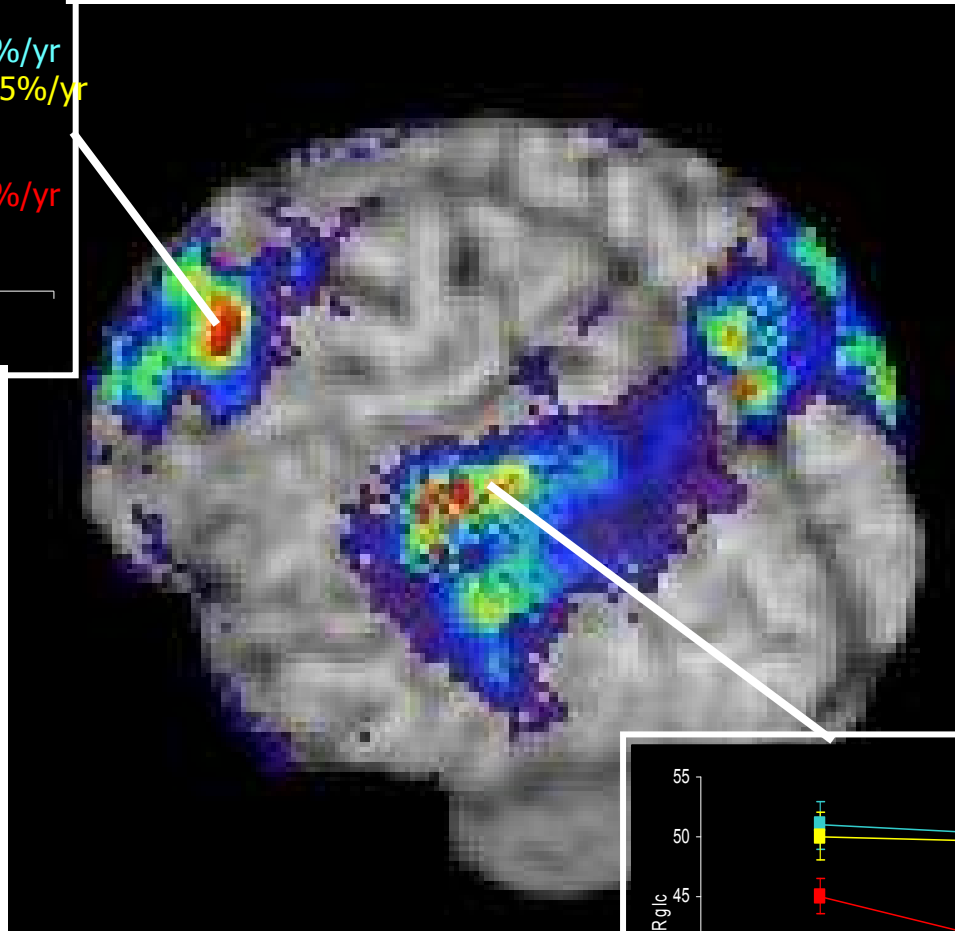
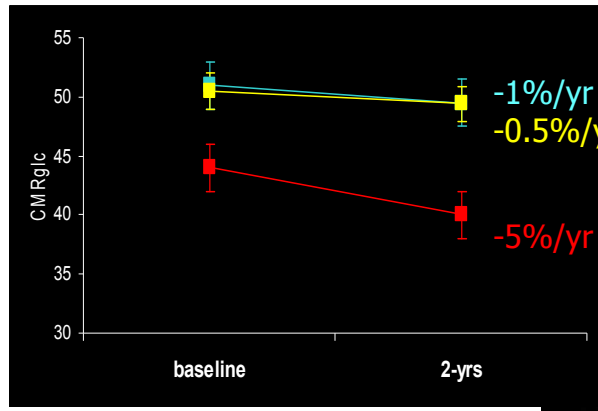


Normal cognition, MMSE 28-30  
Age 48-80 yrs  
Education > 11 yrs

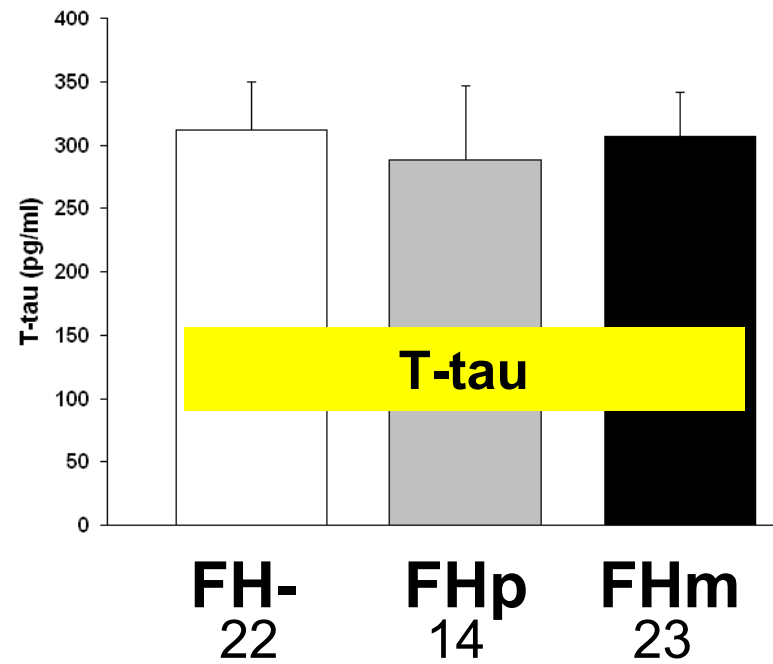
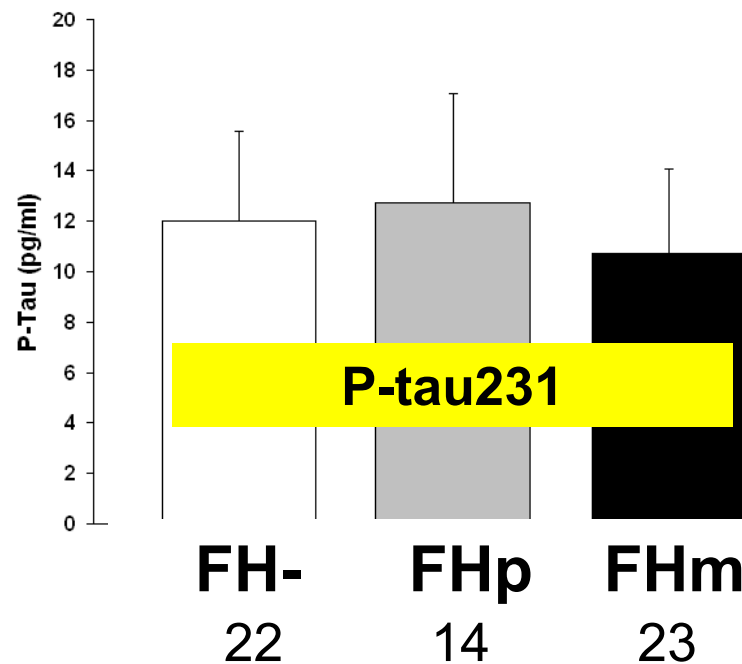
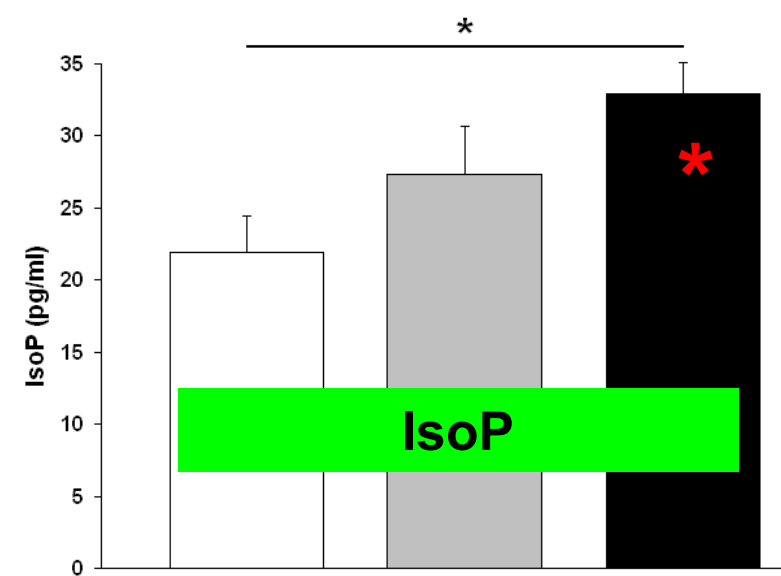
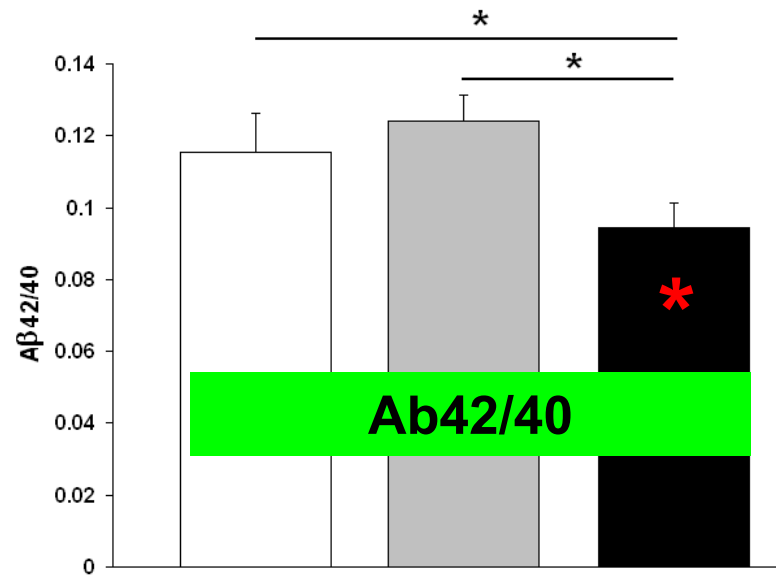
# FDG-PET in individual cases



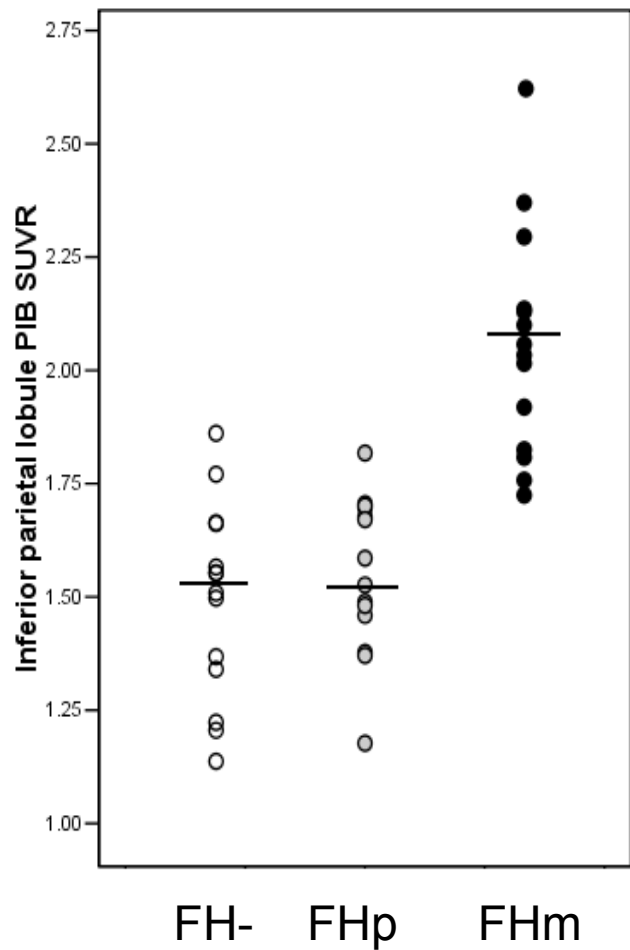
# Longitudinal change in NL with AD mothers



# CSF Biomarkers and AD Maternal History in NL



# Parietal PIB-PET Uptake in NL with Maternal History of AD





# AD phenotype

$A\beta$  and Tau

Oxidative stress and inflammation

Cellular response

**Phenomena  
and  
Pathology  
Targets**

**Mechanistic  
Targets**

# Conclusions

- PET and MR imaged hippocampal pathology appears early and is progression sensitive.
- The pathology specific P-tau231 and Ab also appear early but are not progression sensitive.
- Imaging and biomarkers may have a role in identifying mechanisms of AD-progression by considering energetics and vascular function.

# Collaborating Scientists

- **NYU**
  - Lidia Glodzik
  - Lisa Mosconi
  - Henry Rusinek
  - Wai Tsui
  - Elizabeth Pirraglia
  - Yi Li
- **Institute Basic Research**
  - Pankaj Mehta
- **Cornell University**
  - Shankar Vallabhajosula
  - Stanley Goldsmith
- **Temple University**
  - Domenico Pratico
- **Einstein College of Medicine**
  - Peter Davies
- **University of California L.A.**
  - Liana Apostolova
  - Paul Thompson
- **Applied Neurosolutions**
  - Ray Zinkowski
- **Turku U. Finland**
  - Juha Rinne
- **Sahlgrenska U. Goteborg**
  - Kaj Blennow
  - Henryk Zetterberg
  - Anders Wallin